

Assessing *Parenting through Change for Reunification's* (PTC-R) Fit

PTC-R is an evidence-based parent program with proven results. This handout is intended for child welfare staff working with families of origin. It provides information to consider when connecting families to PTC-R.

Home is where the heart is



Consider PTC-R if...

- ✓ The child has been removed from the family
- ✓ There is a plan/goal for reunification
- ✓ The child is between the ages of 4 and 18.
- ✓ The goal is to build parenting skills, provide hope, and to support stable reunification
- ✓ The child is exhibiting ongoing mild or moderate behavior problems that disrupt family functioning or outcomes in school/community
- ✓ Re-establishing the parent-child relationship will foster growth, success, and safety
- ✓ Goals include strengthening birth parent's skills in emotion regulation, communication, and problem solving across many settings (e.g., parent-child visits, with other family members, with case workers, and in the legal system)
- ✓ When completing the MD-CANS, relevant indicators of challenges with family, school, peers, or other relationships are present (e.g., arguing, fighting, bullying, not connecting)

Exclusionary criteria:

- ✓ There is a current open case of sexual abuse of youth or children against the caregiver
- ✓ Confirm that the caregiver is not actively psychotic
- ✓ Confirm that the child does not exhibit severe to extreme impairment in mood, emotion, self-harm or substance-use

PTC-R helps to:

- ✓ Reduce the length of stay in foster care and congregate care placements
- ✓ Increase reunification and exits to permanency
- ✓ Reduce the frequency of children and youth reentering care post-reunification
- ✓ Encourage smooth and timely reunification

PTC-R Session Topics

